

# HNYP Post

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Stay Positive & Optimistic

Gratitude

Cherish

Proactive

Optimistic

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## Editorial

By Mr. Gilbert



### Stay positive!

We've all had some ups and downs in the last few years, dealing with COVID. Who can forget Zoom and the closing of restaurants, even playgrounds?

But so many good things remained to be positive about, like our family and friends. We had each other. We still had internet to stay connected and food to eat.

Our teachers helped support students and we were back at school before too long. Teachers also supported each other. It was a real team effort.

It's certainly been a long road to recovery and normality but life is full of such challenges. We need to make the most of each day, no matter what.

Let's enjoy the fruits of our hard work.  
And remember, keep smiling! And stay positive!

## Interviewing Our New NET - Mr Dean Oelofsen



We are delighted to welcome our new teacher Mr. Dean this year.

Q: What is your favourite pastime in Hong Kong?

A: I'm really interested in technology, especially playing and modifying computer games.

Q: What do you like about Hong Kong the best?

A: It's beautiful and safe which is amazing because it's the biggest city I've lived in.

Q: Do you have any favourite games from your childhood?

A: I loved playing hide and seek in large gardens, as a child.

Q: Where are you from? How many hours from HK is it, by plane?

A: I'm from Port Elizabeth in South Africa which also has a Xhosa African name, Gqeberha. It takes about 16 hours, before COVID.

Q: What is your favourite snack food?

A: My favourite snack is Biltong which is South African dried meat.



This is an old photo of Mr. Dean!



## How to be Happy?



This is a frequently asked question. However, everyone has a different answer for it. Some think that yummy food can keep us positive, while some believe valuable moments spent with our friends contribute to happiness.

As a Christian, always remind yourself of God's grace. It's the key towards happiness.

Below are some other ways to cheer ourselves up:

1. Pray to God every day.
2. Recite some Bible verses about happiness.
3. Look on the bright side.
4. Maintain a healthy lifestyle.
5. Be generous.
6. Stop comparing yourself with others.
7. Spend quality time with the ones we love.
8. Listen to good music.
9. Develop an interest.
10. Be thankful.
11. Read stories about positive people or things.

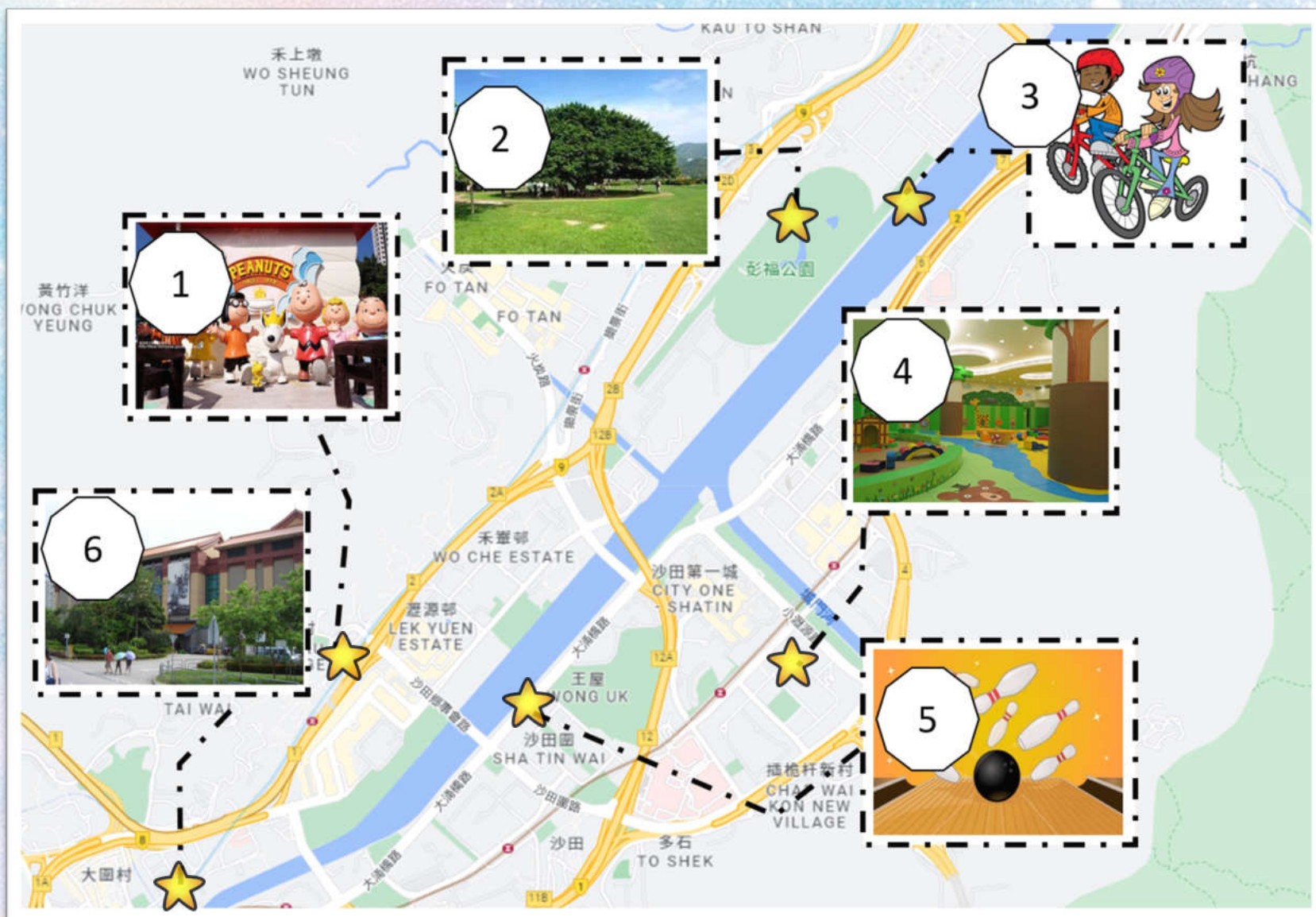


Wishing you all a fruitful life filled with joy!



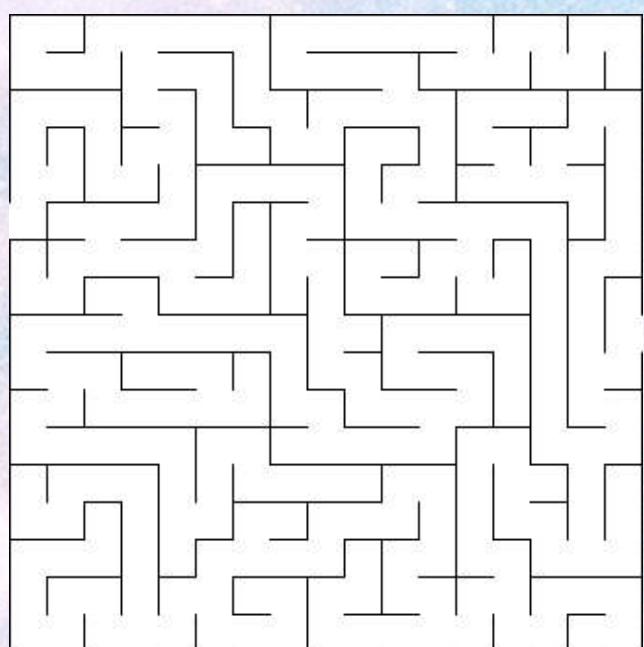
# Fun Things to Do in Shatin

What do you like doing during the weekends? Where do you go when you are free? Do you know that there are many interesting things to do in our amazing neighbourhood? Let us share some with you!



|                                |   |
|--------------------------------|---|
| 1. Snoopy's World              | This is a cute park in New Town Plaza with a long slide. You can take nice pictures in there too.   |
| 2. Penfold Park                | It is an interesting park located inside the racecourse in Fo Tan. You can bring your pet to have a picnic there.                         |
| 3. Cycling Paths               | There are many cycling paths in Shatin which can lead you all around the New Territories. The views are magnificent.                      |
| 4. Yuen Chau Kok Sports Centre | It was built a few years ago. There is an indoor playground and a library next to it.   |
| 5. Bowling                     | Do you know how to bowl? You can have a try in this big bowling alley!  |
| 6. Hong Kong Heritage Museum   | Not only you can get to know more about the culture of Hong Kong, there are free exhibitions opened for children to visit all year along. |

Start-  
Bowling



Finish-  
Cycling

## Amazing Maze Runner

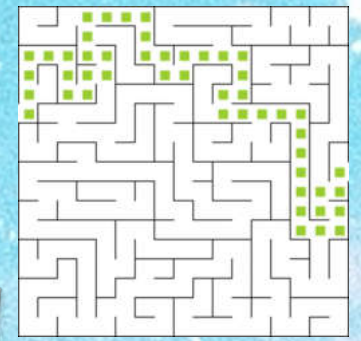


Complete the maze as fast as you can!  
(Answers are on Page 3)





# Book Recommendations



## I Can Make a Plan –

This is the story of Sophia and her classmates who want to grow sugar snap peas. Learning to follow a plan and give their pea seeds love, Sophia and her friends will have a tasty snack. Being positive and making plans can help us to accomplish our goals and get good results.

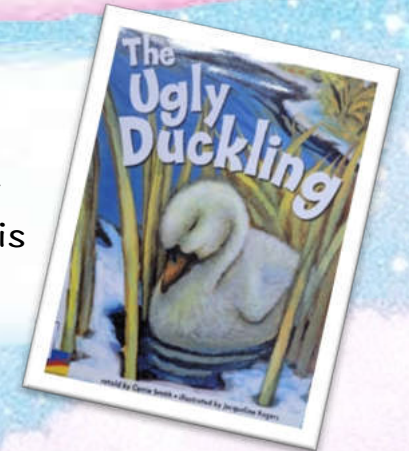


## Thanks for Sharing, Tommy –

This is the story of Tommy and his class having “show and tell”. Tommy does not want anyone to play with his robot and so ended up alone with no friends playing with him. By learning to share and be kind we can be happier and make more friends.

## The Ugly Duckling -

The Ugly Duckling is a story of a swan that grows up with a duck family. The swan is different from the ducks and they make him feel bad that he is ugly. As the swan gets older he turns into a beautiful swan and realises that he was a swan all along and not a duck. This is a story about how being different can be good.



# English Activities Snapshot

## English Lessons Fun

There are lots of fun in our English lessons. Students learnt through interesting activities, songs and games. They also learnt across the curriculum, like doing experiments and reading books about STEM.



## Monthly English Day

On Monthly English Day, students did different activities. They enjoyed singing and played at game stalls. They also solved riddles and puzzles.



## English Drama Team and Kiddie Drama

The School Drama Team performed in the online School Drama Festival in March and got the Award for Outstanding Cooperation and the Award for Outstanding Audio-visual Effects. Besides, students from P.1-3 are recruited to Kiddie Drama. They have learnt some basic drama skills and enjoyed acting in short plays.



## Recess Activities and Live Talk

During recess, students took turns and played with our NET teachers in the English Room. Besides, students have got a Live Talk Passport. They talked about different topics with their teachers and friends and collected stamps.





# Story Writing Competition



Scan this QR code to read more of our students' work.



Header Designed by Situ Su, Melissa 6A

## I like butterflies

By Yun Shing Hei, Nathan 1D

I like all kinds of butterflies.  
They are beautiful.  
They can fly.  
Any kind of butterflies.  
They fly in the sky.  
They are happy.  
I like them.



## The little pink pig

By Wong Kwan Nga, Gloria 4C

Once upon a time, there was a little pink pig who had a bag of apples. She said, 'I will take it home and make an apple pie.'

The little pink pig asked the horse, the dog and the cow, 'Will you help me lift my bag of apples?' The horse said, 'No.' The dog said, 'No.' The cow said, 'No.' The little pink pig said, 'Then I will lift it and make the apple pie by myself.' Three hours later, the apple pie smelled yummy!

The little pink pig asked, 'Who will help me eat it?' The horse said, 'Yes, I will.' The dog said, 'Yes, I will.' The cow said, 'Yes, I will.'

The little pink pig said, 'You did not help me lift my bag of apples so I will not share my apple pie with you!' The horse, the dog and the cow were so unhappy!

## In a big, big room

By Yau Yi Nga, Ava 3B

In a big, big forest, there was a big, big maze.  
And in that big, big maze, there was a big, big castle.  
And in that big, big castle, there was a big, big room.  
And in that big, big room, there was a big, big wardrobe.  
And in that big, big wardrobe, there was — a giant!



## The Cute Cat, the Lively Fish, and the Long Grumpy Snake

By Lam Hiu Yee, Carol 5B

Hello, Cute Cat. Where are you going? Oh! I see. Are you going to get that lively fish? But Cute Cat, haven't you heard about the long grumpy snake?

Oh! The long grumpy snake can see the lively fish from far away. Hiss! Hiss! Hiss! The snake will slither through the grass, and hiss! Hiss! Find the fish. No matter where it is hidden.

Let's hide it at home and put it in the fish tank. Or how it is disguised. Now the lively fish looks like a sword. It is funny. Now the snake can never get the fish! But the snake says he doesn't like eating fish anymore. Cute Cat is surprised.

